October 2026

Upcoming Community Events

- Scw’exmx Child and Family
- Coldwater
- Nooaitch
- LNIB
- Shackan
- Upper Nicola
- Urban (Partner Organizations)

Scw’exmx
Child & Family

Scw’exmx Child & Family Upcoming Activities

Weekly Activities	Location	Day of the Week	Times
Youth Gathering Lodge	KLC Gym - 2475 Merritt Ave., Merritt, B.C.	Thursdays October 1st, 8th, 15th, 22nd, 29th 2026	3:30PM-6:00PM

This Month’s Activities	Location	Date	Times
Men’s Group: Rod Fishing on the Thompson River	Meet at Spences Bridge	October 5th & 6th 2026	5:30AM-12:00PM
Family Fun Day	KLC Office	October 6th 2026	3:00PM-7:00PM

Scw’exmx Child & Family

Contact

Main office

Phone

250-378-2771

Address

1750 Lindley Creek Rd.
Merritt, BC

Scw’exmx Child & Family

Scw’exmx Child & Family
Upcoming Activities





Coldwater Band Upcoming Activities

This Month's Activities	Location	Date	Times
Back to School Parent Engagement	Coldwater School	October 5th 2026	5:00PM-8:00PM
Community Comfort Workshop	Coldwater School Elders Room	October 6th 2026	5:00PM-8:00PM

SCHSS
SCW'EXMX COMMUNITY
HEALTH SERVICES SOCIETY

COLDWATER
INDIAN BAND

Contact

Main office

Phone

250-378-6174

Address

301- 230th Street
Coldwater Reserve #1

Scw'exmx
Child & Family

Coldwater Band Upcoming Activities







Nooaitch Band Upcoming Activities

Upcoming Activities and Events	Location	Day of the Week	Times
nɬeʔkepmxcín nɬ qʷiysqné - Weekly Beginner Language Classes	Nooaitch Band Hall	Tuesday Evenings	6:30PM-8:30PM
Youth Drop-in	Scw'exmx Health Satellite Office (behind Band Hall)	Tuesday Evenings	*See ShaNoo Youth Facebook Group for details

Monthly Event	Location	Date	Time
Nooaitch Community Outing	Three Bar Farm	TBA	TBA *See poster to sign up

SCHSS
SCW'EXMX COMMUNITY HEALTH SERVICES SOCIETY

Contact Name	Phone	Location
Darlene Rodominski (SCHSS)	250-378-2300	SCHSS Satellite office (across from the Band Hall)
Band Office	250-378-6141	2954 Shackelly Road

Scw'exmx
Child & Family

Nooaitch Band Upcoming Activities

nɬeʔkepmxcín nɬ qʷiysqné

Weekly Beginner Language Classes

Tuesday Evenings

Next Class Tuesday September 15th

At the Band Hall

6:30-8:30pm

xʷúy ʔe wiktímn - (I will see you all)



Lower Nicola Band Upcoming Activities

Upcoming Activities and Events	Location	Day of the Week	Times
Culture & Language Drop In	LNIB Culture Centre	Mondays: October 6th , 19th , 26th 2026	1:00PM-7:00PM
Community Book Club	Rocky Pines Community Centre	Tuesdays starting October 6th	5:00PM-6:30PM
Language Learning	LNIB Culture Centre	Wednesdays(biweekly): October 7th and 21st	12:00PM-1:00PM 5:00PM-6:00PM
Recovery Group	Rocky Pines Community Centre	Tuesdays October 6th - November 9th	1:30PM-3:00PM

Monthly Activities	Location	Date	Times
Walking Alongside Grief (Deadline to register Sept. 28 2026)	Rocky Pines Community Centre	October 1st, 15th , and 29th 2026	5:00PM-7:30PM
Paint Night	Rocky Pines Community Centre	October 5th 2026	5:30PM-7:00PM
DIY Medicine Bag Workshop 1 DIY Medicine Bag Workshop 2	LNIB Culture Centre	October 8th 2026 October 11th 2026	9:00AM-3:00PM 9:00AM-3:00PM
Turtle Shell Medicine Bag Workshop 1 Turtle Shell Medicine Bag Workshop 2	LNIB Culture Centre	October 9th 2026 October 10th 2026	9:00AM-3:00PM 9:00AM-3:00PM
HVC/LNIB Open House & 10th Agreement Celebration	LNIB Band School	October 19th 2026	5:00PM
High School Career Fair	Merritt Civic Centre	October 28th 2026	10:00AM-3:00PM
PAL Training (Possession & Acquisition License)	Rocky Pines Community Centre	November 7th & 8th 2026	8:30AM-4:00PM

LOWER NICOLA INDIAN BAND

Contact	Phone	Location
Health Centre	250-378-5157	230 Hwy 8 West

Scw'exmx Child & Family

Lower Nicola Band Upcoming Activities



SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
				Out of Office		Storytelling - FPCC
4	5	6	7	8	9	10
	Drop In 1 PM - 7 PM Language Recording - FPCC	Operations & Planning Language Recording - FPCC	Language Learning 12 PM - 1 PM 5 PM - 6 PM	DIY Medicine Bag Workshop 1 9 AM - 3 PM	Turtle Shell Medicine Bag Workshop 1 9 AM - 3 PM	Turtle Shell Medicine Bag Workshop 2 9 AM - 3 PM
11	12	13	14	15	16	17
DIY Medicine Bag Workshop 2 9 AM - 3 PM	Thanksgiving	Operations & Planning Language Recording - FPCC		Out of Office		Storytelling - FPCC
18	19	20	21	22	23	24
	Drop In 1 PM - 7 PM Language Recording - FPCC	Operations & Planning Language Recording - FPCC	Language Learning 12 PM - 1 PM 5 PM - 6 PM	Team Learning & Growth		
25	26	27	28	29	30	31
Team Learning & Growth	Drop In 1 PM - 7 PM Language Recording - FPCC	Operations & Planning Language Recording - FPCC		Out of Office		

LNIB Language and Culture

Carole Basil – carole.basil@lnib.net / 236-575-2107
Ashlee Tom – ashlee.tom@lnib.net / 236-575-2085
William Sandy – william.sandy@lnib.net / 250-410-3047

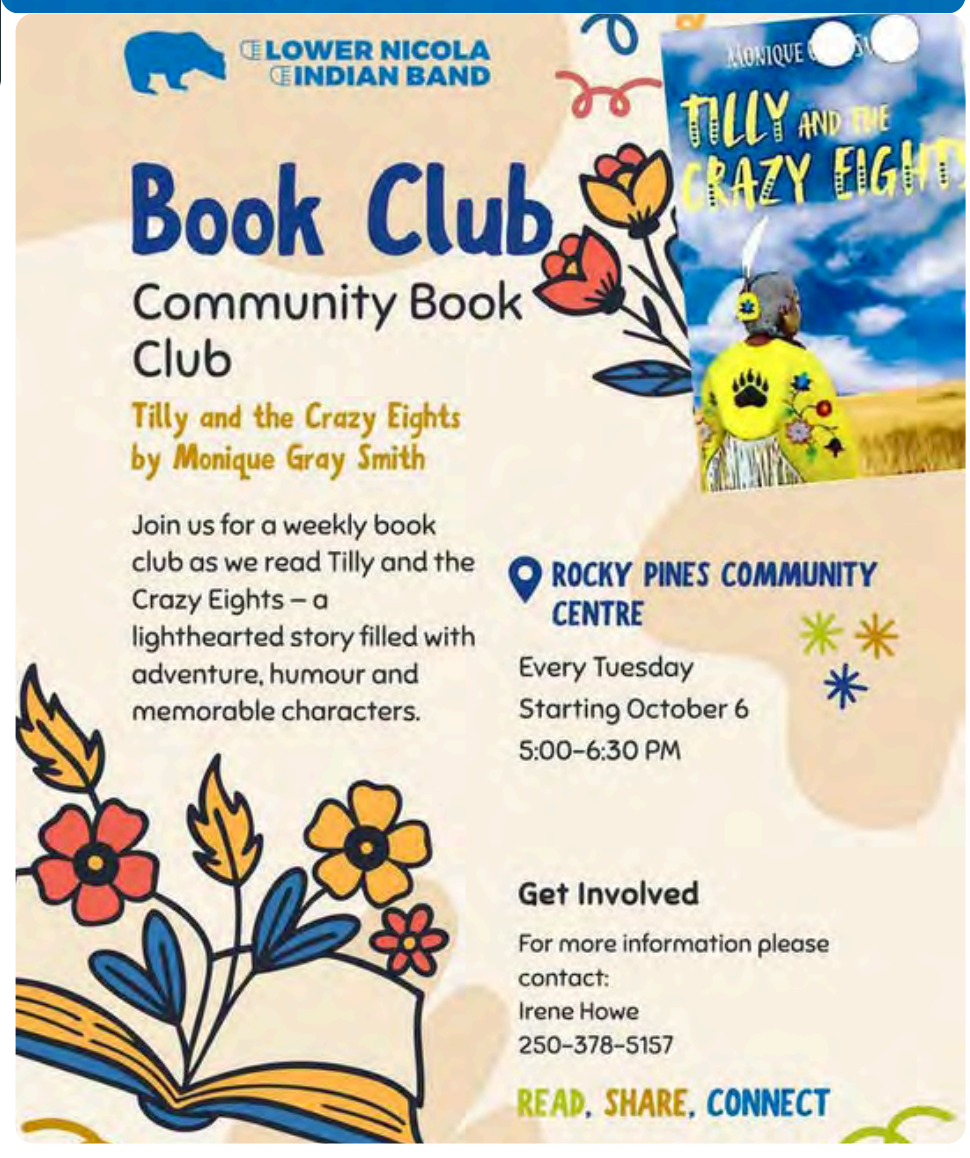
211 Nawishaskin Lane. Merritt. BC

Lower Nicola Band Upcoming Activities









Lower Nicola Band Upcoming Activities



Highland Valley Copper / Teck

LOWER NICOLA INDIAN BAND

HVC/LNIB OPEN HOUSE & 10TH AGREEMENT CELEBRATION



- Dinner
- RLUP presentation and specific information and question / comment time
- Update information on HVC MLE and general question / comment and response time
- Celebration or commemoration of 10 year anniversary
- Prize draw

Oct 19, 2026

5:00 PM

LNIB Band School
201 Horn Rd

Any questions contact Monica Charters (250) 378-5157

LOWER NICOLA INDIAN BAND

PAL COURSE

Possession and Acquisition Licence (PAL) Training

COURSE DATES:

November 7 & 8, 2026

TIME:

8:30 AM – 4:00 PM

LOCATION:

Rocky Pines Community Centre
2790 Cougar Crescent

No Registration or Course Fee

Limited spaces available registration is required.

To Register:

Contact Ryker Vogt
Food Sovereignty Coordinator

236-575-2082
Ryker.vogt@lnib.net

COURSE INFORMATION:

- Two-day PAL course
- Maximum 12 participants
- Participants must attend both days
- Participants must bring valid photo ID
- Course instruction, written testing and firearms-handling components are included
- After successfully completing the course, participants will apply for their Possession and Acquisition Licence (PAL)
- The PAL application includes RCMP eligibility and background screening, which may consider criminal history and other public-safety information
- The instructor will provide guidance on the PAL application process

Additional Course: A second course may be offered November 9–10 depending on community interest.

COURSE IS FOR LNIB MEMBERS AGES 12 AND OLDER

Shackan Upcoming Activities

Weekly Activities	Location	Day of the Week	Times
Out on The Land	TBA	Thursdays	10:00AM-2:00PM
Drop In Lunch	Community Wellness Building	Wednesdays	10:00AM-2:00PM
Wellness Circle	Community Wellness Building	Mondays (Oct. 19th & 26th)	5:00PM-7:00PM

Monthly Activities	Location	Date	Times
Pumkpin Pie Making	Shackan Band Hall	October 7th 2026	10:00AM-2:00PM
Thanksgiving Lunch	Shackan Band Hall	October 9th 2026	12:00PM-2:00PM
Beaded Poppy Making	Community Wellness Building	October 13th , 20th October 16th & 23rd	10:00AM-2:00PM 1:00PM-3:00PM
Trick or Treat Bag Making	Community Wellness Building	October 27th 2026	10:00AM-2:00PM
Community Halloween Event	Shackan Band Hall	October 30th 2026	4:30PM-7:00PM

Contact Name
Community Wellness Team

Phone
(250) 378-6074

Location
Community Wellness Building - 4986 Sage Way

Scw'exmx
Child & Family

Shackan Upcoming Activities

October 2026 Shackan Events



Shackan Upcoming Activities





Shackan Upcoming Activities

MONTHLY HAIRCUTS FOR SXÉXN'X MEMBERS!

We're excited to welcome **Karen Swanson**, who will be offering monthly haircuts for Shackan members!

Starting **Monday, October 5th 2026,**
Karen will be at the Community Wellness Pantry
(next door to the Community Wellness Building)
to provide haircuts for members.
Address: 4990 Sage Way

Home visits will be available for members with limited mobility as well.

Please contact Megan or the Community Wellness Team, if you would like to book:
250-378-6074

We're happy to be able to offer this service to our members!

Upper Nicola Band Upcoming Activities

Weekly Activities	Location	Day of the Week	Times
UNB Fire Practice	UNB Fire Hall	Thursdays	6:00PM-8:00PM
Craft and Meet	Nkwala Language Trailer	Thursdays	5:00PM

Monthly Activities	Location	Date	Time
Thanksgiving Community Turkey/Ham Lunceon	Upper Nicola Health Office	October 8th 2026	12:00PM
A Day on t̓x̌aʔx̌ikn With Our Relatives	TBA	October 9th 2026	TBA
Coffee with a Cop	kʷu stəmtímaʔ, Lakeview Office	October 14th 2026	10:00AM-12:00PM
2026 Syilx Fall Hunting Camp	Whipsaw Camp	October 18th - 30th 2026	

Upper Nicola

Contact	Phone
Main office	250-350-3342

Scw'exmx Child & Family

Upper Nicola Band Upcoming Activities

The Smoke Signal

snkəkniʔtn - *Kokanee salmon time*
Sept 10-Oct 9

SEPT & OCTOBER 2026

sk̓ak̓iws S	skix̌ʷiws M	sʔasl̓áśqt T	ska ʔɬáśqt W	smasqt TH	sc̓ɬkstasqt F	skɬaẑáśqt S
13 **For more detailed info, check the "Community Events" pages**	14	15	16	17 UNB Fire Practice 6pm-8pm Craft & Meet 5pm	18 Stick Game Tournament 6pm	19 ONA: SALMON FEAST
20 ONA: SALMON FEAST	21 Grand Opening of ʔiɬq̓ilamix Community Center!	22 SEASON CHANGE HAPPY FALL YALL! *Council Meeting*	23 **Band Meeting 6pm** ***Financial Audit Presentation*** UNB Spay & Neuter Clinic	24 UNB Fire Practice 6pm-8pm Craft & Meet 5pm	25	26 HAPPY Camper Nsyilxcen Language Camp
27 Language Camp	28 ONA: Coloring Contest Deadline	29 Feel the Beat 4-8pm	30 **ALL UNB OFFICES CLOSED FOR STAT. HOLIDAY:** National Truth & Reconcilliation Day	1 OCTOBER UNB Fire Practice 6pm-8pm Craft & Meet 5pm	2	3
4	5	6	7	8 UNB Fire Practice 6pm-8pm Craft & Meet 5pm Thanksgiving Lunch at 12:00 pm	9 *ONA: Coloring Contest Winners Announced*	10
11	12 **ALL UNB OFFICES CLOSED FOR STAT. HOLIDAY:** THANKSGIVING Happy Thanksgiving	13	14 Coffee w/ Cop 10am	15 UNB Fire Practice 6pm-8pm Craft & Meet 5pm	16	17

Upper Nicola Band Upcoming Activities

Thanksgiving Community

Turkey/Ham Luncheon

October 8, Thursday.

Upper Nicola Health Office,

Noon. Everyone welcome





UNB RECREATIONAL FUNDING

Each UNB member who is eligible & approved will be reimbursed up to $300max/Year.
Receipts must be dated between April 1, 2025-March 31, 2026.

Eligible activities *(any recreational activity)*

- Sports fees & Equipment
- Gym fees & Equipment
- Canning
- Outdoor Activities
- Traditional Supplies
- Bead Work materials
- Hide/Tanning
- Gardening
- Fishing/Hunting
- Powwow materials
- Traditional Supplies
- Etc.

Submit Applications to: Thelma Chillihitzia
officemanager@uppernicola.com

Upper Nicola Band Upcoming Activities



Upper Nicola Band Upcoming Activities

2026 SYILX FALL HUNTING CAMP

October 18 - 30, 2026

Location: Whipsaw Camp

Approx. 28 km SW of Princeton | Coordinates: 49°17'11.5"N 120°40'31.8"W

BELOW FRIDAY MOUNTAIN ON WHIPSAW FOREST SERVICE RD, LOOK FOR RED HANDKERCHIEF FLAGS



ALL SYILX PEOPLE WELCOME

**Follow the flags to the camp

For More Information:

Arnie Baptiste: 250-488-5872
Fred Kruger: 250-487-9867

Trek Objectives:

- Proactively assert our title, rights and responsibility to the land.
- Gather traditional foods to distribute among community members who are unable to harvest for themselves.
- Reintroduce Syilx youth to traditional hunting practices and protocols, fostering respect for our land.

Camp Rules:

- Bring your own camping gear and coolers.
- **Safety is Essential:** Due to isolation concerns, children must be supervised at all times.
- **No Disposable Items:** Bring your own plates, utensils, and cups.
- **Zero Tolerance Policy:** Substance abuse will not be tolerated under any circumstances.

2026 SYILX FALL HUNTING CAMP

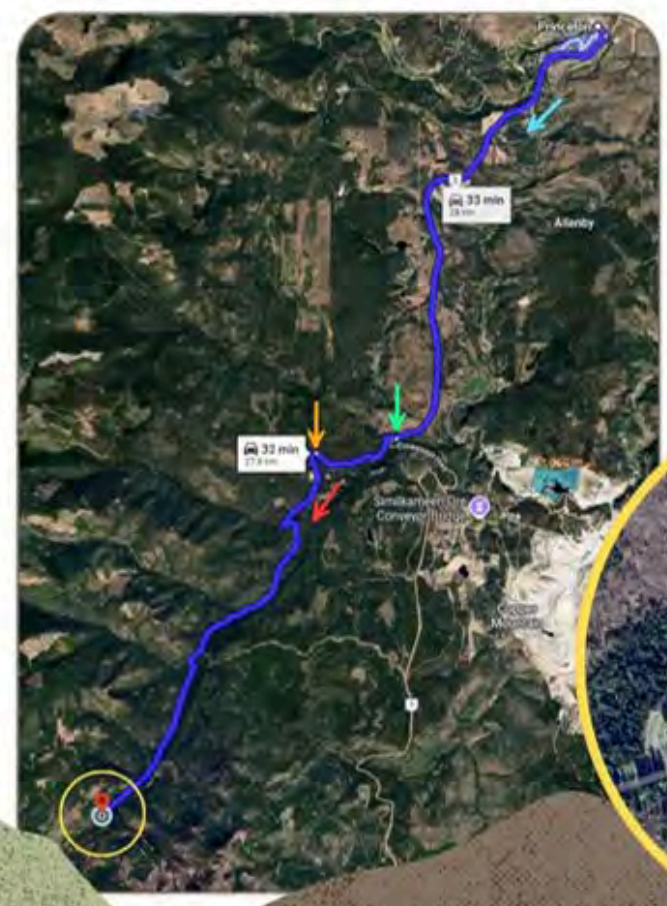
October 18 - 30, 2026 Location: Whipsaw Camp

Directions:

- From Princeton, head south on Crowsnest Hwy/BC-3 W for about 10 km
- Turn right onto Whipsaw Forest Service Road and stay on for 2.5 km
- Turn left to stay on Whipsaw Forest Service Road (FSR)
- Continue on Whipsaw FSR for 11.8 km, camp will be on the left

For More Information:

Arnie Baptiste: 250-488-5872
Fred Kruger: 250-487-9867



Location:

Whipsaw Camp (Approx. 28 km SW of Princeton)

Map Coordinates:

49°17'11.5"N
120°40'31.8"W

BELOW FRIDAY MOUNTAIN ON WHIPSAW FOREST SERVICE ROAD

**Look For Red Handkerchief Flags



Urban/Community Partner Upcoming Activities

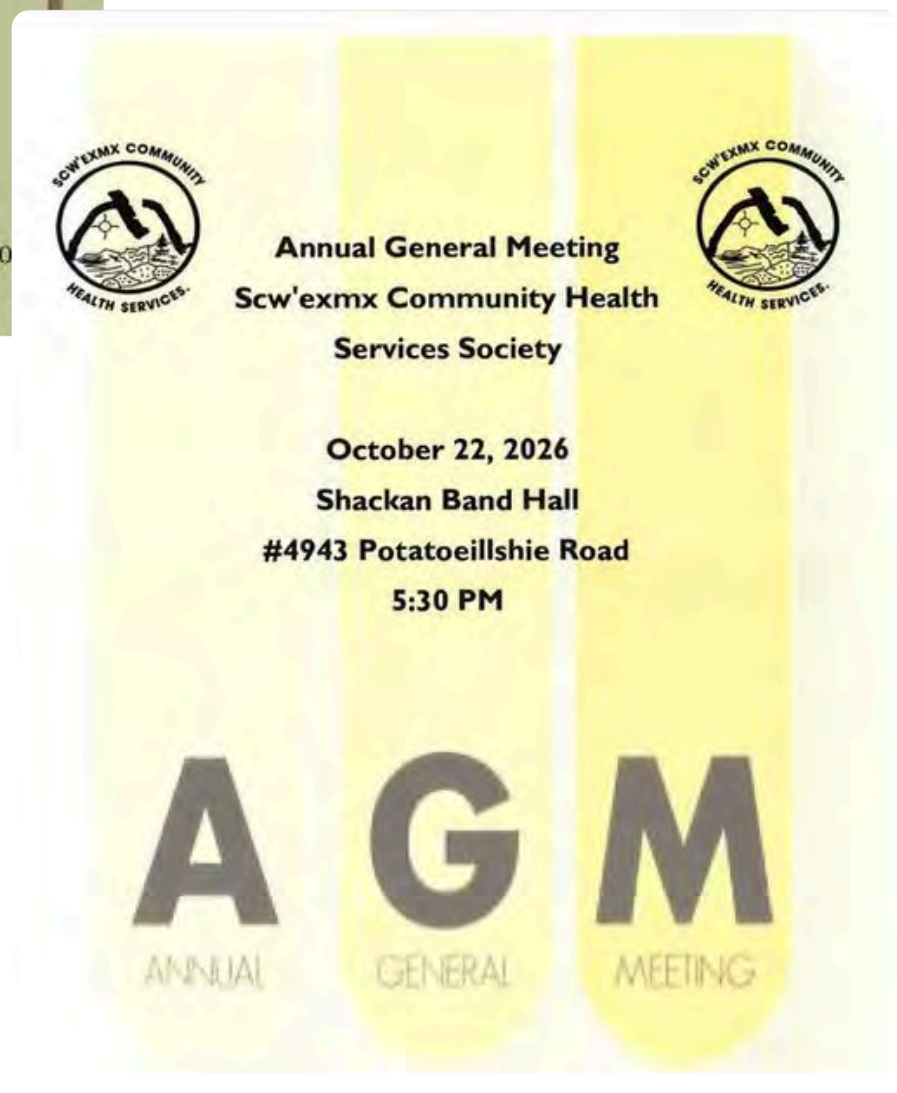
Scw’exmx Community Health Services Society



Urban/Community Partner Upcoming Activities

Scw’exmx Community Health Services Society





Urban/Community Partner Upcoming Activities

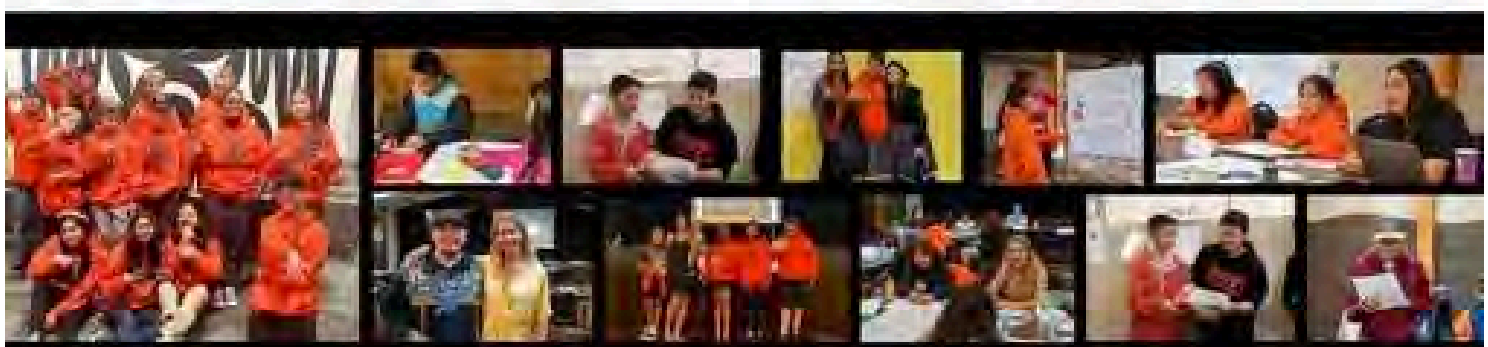
Citxw Nlaka’pamux Assembly

BEARS' LAIR DREAM CAMPS

Lower Nicola Indian Band & Citxw Nlaka'pamux Assembly

Cook's Ferry Gym (Spences Bridge, BC)

Friday November 6 - 5:00 - 8:30pm
Saturday Nov 7 & Sunday Nov 8 - 9:30 am- 4:00 pm
Monday Nov 9 - 5:00 - 8:30 pm
(Graduation Ceremony & Dinner)



BEARS' LAIR IS COMING! REGISTER NOW!

FREE YOUTH ENTREPRENEURSHIP CAMP (INDIGENOUS YOUTH AGES 11-18)

Explore the basics of business, team building, games & more! Learn how to turn your ideas into reality!

EACH YOUTH RECEIVES $100 MASTERCARD FOR PARTICIPATING • THE WINNING TEAM RECEIVES $250 EACH!
AT THE COMMUNITY CELEBRATION DINNER NOVEMBER 9!

LOWER NICOLA INDIAN BAND

Citxw Nlaka´pamux Assembly

EMPOWERED BY:

Teck

FLUOR

DREAM CAMP INCLUDES:

Dinner - Friday
Breakfast & Lunch - Saturday & Sunday
Graduation Dinner - Monday

Hoodie and other fun Arc'teryx Swag

Team Coaches to help Youth tackle Challenges and develop valuable business, teamwork and life skills such as negotiating, public speaking & budgeting.

Lots of hands-on activities to create a start-up plan and Team Pitch video for YOUR business ideas.

$100 MASTERCARD FOR PARTICIPATING!
$250 EACH FOR THE WINNING TEAM!
AT THE COMMUNITY CELEBRATION DINNER!



Urban/Community Partner Upcoming Activities

Citxw Nlaka’pamux Assembly





Urban/Community Partner Upcoming Activities

Nlaka’pamux Health Services Society



Urban/Community Partner Upcoming Activities

Other Programs in Community





Urban/Community Partner Upcoming Activities

Other Programs in Community



